



# Corvallis Independent Business Alliance

## *June 2014 Newsletter*

***DON'T FORGET TO LOOK FOR ANNOUNCEMENTS AND SPECIAL OFFERS FOR CIBA MEMBERS AT THE END OF THE NEWSLETTER!***

### **New Members**

Welcome to new CIBA Business Members:

◇ **Philomath Pharmacy** ◇ **Pura Vida Surf Shop, Inc.** ◇ **Raising the Bar Real Estate**

Also, welcome to new Associate Members **Peter Burke** from SCORE and **Mike Spikes**, American Toy (retired).

We are excited to have you all join the CIBA family of independent local businesses!

### **CIBA Potluck @ Tyee Wine Cellars & the Buchanan Family Century Farm**

Invites have been mailed out, so don't miss this special event to kick off Celebrate Independents Week! Bring your family, invite your staff and join CIBA at Tyee on **Tuesday, July 1, from 6:00-8:00 pm**. Here are the highlights:

- ✓ Bring a potluck dish to serve 10-12 people (and an ingredients listing), your own tableware/utensils, picnic blankets, your appetite, and a sense of fun!
- ✓ There will be a no-host bar pouring wonderful Tyee wines and iced tea and lemonade for all will be provided.
- ✓ Don't miss the wonderful scenery, the opportunity for a farm tour or the music – Gumbo will be onstage serenading our picnic!

### **CIBA Board & Officer Elections**

Congratulations to **Kate Ottersten**, Associate Member, for her election to the CIBA Board. Kate comes from the customer/client perspective and has the enthusiasm of a true local, independent fan(atic)! Congratulations also to those re-elected for another term on the CIBA Board:

- **Ilene Anderton**, A & S Accounting
- **Steve George**, Blue Dawg Promotions
- **Andrea Shonnard**, Shonnard's Nursery, Florist & Landscape

CIBA board elections were followed by the selection of officers for 2014-15. Congrats to this year's officer line up:

- **President** – **Cindee Lolik**, First Alternative
- **Vice President** – **Andrea Shonnard**, Shonnard's Nursery, Florist & Landscape
- **Secretary** – **Katy Krupp**, Element Graphics
- **Treasurer** – **Ilene Anderton**, A & S Accounting

## Live, Work or Play in Corvallis SouthTown?

The City of Corvallis is participating in a transportation outreach program in South Corvallis this summer. Ready to have fun and connect with your community? Starting in July, South Corvallis residents will be able to order free transportation information at [www.CorvallisOregon.gov/SouthTown](http://www.CorvallisOregon.gov/SouthTown) to help you walk, bike, take the bus, and share rides around SouthTown and beyond. You'll be able to choose the information you want, and we'll deliver it to your door, along with a free umbrella, bike lights, or stainless-steel water bottle. Also, don't miss these free events!

- **Bicycling Basics and Repair Class (Spanish/English):** Tuesdays, July 8 and 15, 7-8:30 p.m., Tunison Community Center, 365 SW Tunison Ave., child care and snacks provided
- **Kinetic Sculpture Mud Bog Race:** Sunday, July 20, 10 a.m. -12:30 p.m., Crystal Lake Sports Park. For more information, go to [www.davincidays.org/races-revelry/gaand-kinetic-challenge/gkc-mud-bog](http://www.davincidays.org/races-revelry/gaand-kinetic-challenge/gkc-mud-bog).
- **Sage Concert Family Bike Ride:** Thursday, July 24, 5:30 p.m. Meet at Lily Park. Ride from Lily Park to Starker Arts Park for a free Sage Music Concert. Check out [www.facebook.com/SageConcertSeries](http://www.facebook.com/SageConcertSeries) for more information about the concert.
- **Ice Cream Walk (Spanish/English):** Thursday, July 31, 7-8:30 p.m. Meet at Lincoln Elementary School, 110 SE Alexander Ave. Meet at the covered bike racks at Lincoln Elementary School to walk to the Willamette River Boat Ramp for free ice cream! We will depart Lincoln School at 7:00 p.m. for a leisurely one-mile walk from the school to the boat ramp and back.

If you have questions, call 541-754-1730 or go to [www.CorvallisOregon.gov/SouthTown](http://www.CorvallisOregon.gov/SouthTown)

## Thanks for Renewing!

Thank you to **A & S Accounting, Citizens Bank, Corvallis Brewing Supply, Corvallis Insurance Services, Garland Nursery, Gracewinds Music, McLellan Temporaries, Nectar Bee Supply, Peak Sports, Stover Evey and Jackson** and **The Clothes Tree** for renewing your Business Memberships in CIBA. And thanks as well to **Kate Ottersten** for renewing her Associate Membership. **Your membership dues help CIBA work to keep Corvallis Local & Independent!**

## Looking Ahead with the 2014 CIBA Calendar

### July

- 7/1 – 7/7 **Celebrate Independents Week!**
- 7/1 **CIBA Potluck at Tyee**
- 7/2 **CIBA Night at the Knights Baseball Game** at Goss Stadium; 7:15 pm.  
Fireworks follow the game!

### September

- 9/24 **Membership Meeting** – 5:30-7:00 pm  
Irenes' Boutique, 201 SW 2<sup>nd</sup> St, Corvallis

### November

- 11/19 **CIBA Annual Holiday Social** –  
5:30-7:30 pm at Shonnard's Nursery
- 11/29 **4<sup>th</sup> Annual Buy Local First Day!**

## Member Announcements & Specials

### Summer at Garland Nursery

- Title:** Garden Club Moonlit Evening  
**When/Where:** Fri. July 11, 2014 – 5:00 p.m. to 7:30 p.m. / *Garland Nursery, 5470 NE Hwy 20, Corvallis*  
**What:** Garden Club Members, join us for after-hours shopping, while enjoying Garland Nursery in the enchanting evening light. Mingle with the owners and experts. Tour our Historic Rock Garden and owner Erica Powell's backyard oasis. Listen to music by the "Rock-n-Roll Historian," Lonesome Randall. Wine for purchase and food provided. Don't worry if you are not a Garden Club Member. Come into the garden center before July 11<sup>th</sup> and register as a member for FREE.
- Registration:** No registration required.  
**Cost:** FREE. Must be a Garden Club Member.
- Title:** Little Sprouts: Terrariums  
**When/Where:** Sat. July 12, 2014 – 11:00 a.m. / *Garland Nursery, 5470 NE Hwy 20, Corvallis*  
**What:** At this month's Little Sprouts, your young gardeners will be creating their own little plant ecosystems within jars, called terrariums. Enjoy the delight on their faces as they watch their plants grow and fill their jars.
- Registration:** Registration required. Call (541) 753-6601 to register.  
**Cost:** \$5 per child.
- Title:** Art & Wine in the Garden  
**When/Where:** Sat. July 26 & Sun. July 27 - 10 a.m. – 4 p.m. / *Garland Nursery, 5470 NE Hwy 20*  
**What:** Our beautiful gardens provide an amazing backdrop to wander through as you enjoy all the wonderful art and crafts from more than 25 local artisans and partake in great wine by Seufert Winery and Noble Estate Winery. Wares include watercolors, fused glass, unique jewelry, sculptures, mosaics and much more. Wine for purchase Saturday noon to 4 p.m. and Sunday noon to 3 p.m.
- Registration:** No registration required.  
**Cost:** FREE and open to the public. Wine, food, art and crafts for purchase.

### Live Well Studio Announces the Following Classes

#### Summer Solstice Mala

Mala means "garland" in Sanskrit and refers to the circular strings of 108 prayer beads used to count mantras in both Hindu and Buddhist traditions. A Yoga Mala is a garland of asana. This devotional practice consists of 108 sun salutations in 9 sets of 12 salutes. Practicing a sacred number of sun salutations and breathing together as a community focuses our intention for the new season.

This is a strenuous and meditative practice. It is recommended to not eat for at least two hours prior to practice, and to bring a water bottle and a towel. You only need to complete as many sun salutations as is right for you.

Saturday 21 June, 1:30-3:30PM at LiveWell Yoga Studio. By donation.

This practice is a fundraiser for the Live Well Studio Community Scholarship fund. Scholarships allow those with financial limitations to attend classes, workshops or yoga therapy. Please contact us for more information at (541) 224-6566 or visit <[www.livewellstudio.com](http://www.livewellstudio.com)>

#### Yoga Intensive 4 Week Training & Immersion

Rooted in the earth, reaching for the heavens. This is a 200 hour Yoga Alliance registered teacher training and immersion program. Week 1 focuses on rooting and Grounding: Establishing firm Foundations in Asana and Practice. Week 2 explores Fuel and Fires: Understanding the Body. Week 3 covers Growth and Communication: Expressing your Divine Self. Week 4 reaches Soaring and Flying: Fully expressing your Divine Self. For more information please visit our [website](http://www.livewellstudio.com).

Runs Monday-Friday, July 7 through August 1, 2014. Cost: \$3,000 by 31 May; \$3,500 thereafter.

Please contact us with questions at (541) 224-6566 or visit <[www.livewellstudio.com](http://www.livewellstudio.com)>